

Make your own moodlamp



Fun, easy and helps the world by reducing waste!

Aims

- Show young people that things can be recycled into nice art/useful things,
- Have fun,
- Introduction to simple electronics,
- Encourage creativity.

Outcomes

- Try something new,
- See that sustainability has something to do with reuse,
- Create something beautiful and take it home.

Workshop overview

- Introduction to workshop - aim of making a mood lamp,
- Sustainability - reduce, reuse, recycle. This is about reusing things that would be thrown away.
- Introduction to LEDs and the phone charger combination, hand out LEDs to play with.
- Make the moodlamp.

Risk assessment

- Some of the tools required (scissors, wirecutters) have sharp edges. Keep first aid kit handy. Have tools supervised at all times.
- making a hole in the thick cardboard requires an amount of force with a sharp object. Risk is that person could slip and stab themselves. This operation can be done by a facilitator.

Cost Overview

Item	Cost
Workshop leader's time: 3 hours with 10 participants	£150
Materials costs for 10 participants	£10
Time for sourcing recycled materials	£15
Total	£175

Workshop leader

Matthew Venn has been teaching and running workshops for 6 years. Playing games and having fun are an essential part of his facilitation.

Passionate about communication, Matthew set up his coaching and facilitation business in 2007 and has been working with a variety of schools, charities, businesses and community centres.

I'm happy to discuss workshop content and welcome questions or comments.

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References and testimonials available online at www.learning-to-learn.org.uk

Other workshops available

- Hip-hop rapping and recording workshop – music, confidence, team work.
- Graffiti workshop – learn the basics up to the advanced with spray paint and stencils.